



10 Simple ways to Celebrate *No Name-Calling Week* in Your School

There are many easy, time-saving ways to share the *No Name-Calling Week* message with your students. Here's a sampler of no-fuss activities, which require little planning and classroom time.

1. Enter the *No Name-Calling Week* Creative Expression Contest.

Use a class period for a creative writing assignment, or encourage students to submit poems, essays, and artwork for extra credit-and for a chance to win exciting prizes. Find out more info at www.nonamecallingweek.org

2. Hold a *No Name Calling Week* poster contest.

Use an art class to create anti-bullying posters, or plan an after-school poster making session. Decorate the hallways with the images and slogans that promote No Name Calling Week and address issues of bullying.

3. Spread the message in your morning announcements.

Remind the school community of the significance of the week by advertising NNCW and sharing essays or poetry during morning announcements

4. Develop a classroom anti-slur policy

Work with students to outline rules and expectations about classroom language, and display your anti-slur policy prominently.

5. Write an article for the school newspaper.

Encourage journalism enthusiast to cover *No Name-Calling Week* in your school publications and local newspapers.

6. Create a library display.

Ask your school librarian to create an eye-catching display of books that deal with name-calling and bullying. For suggestions you can search BookLink, GLSEN's searchable resource listing for students and educators. <http://www.glsen.org/booklink>

7. Discuss sportsmanship in physical education classes.

Since so much bullying occurs on the field and in the locker room, ask physical education teachers to take a few minutes to discuss the values of sportsmanship and respect.

8. Screen the *No Name-Calling Week* video.

The 27-minute video available in the *No Name-Calling Week* kit features young people talking about their experiences with name-calling vignettes from the Misfits, name-calling scenarios, and effective anti-bullying strategies from a social worker.

9. Take a Name-Calling survey in your school

Having students take a survey focusing on bullying can create dialogue on the effects of name calling and harassment. Questions can range from "How do you feel when someone teases you or calls you a bad name?" to as simple as "How many times a day do you hear name-calling at school?". Both are sure to get their minds thinking about the effects of name-calling and possibly change their behavior.

10. Wear *No Name-Calling Week* stickers, buttons and shirts.

Faculty, administrators, and support staff can all show their dedication to ending verbal bullying by wearing or displaying *No Name-Calling Week* stickers. Downloadable versions are available in the Resources section of the website. You can also purchase stickers, buttons and shirts at the GLSEN store, www.glsenstore.org.