

Tween Teen Magazine

The Bullying Issue.

- An Interesting Interview
- Famous people, bullied too?
- How to Make a Super Sweet Snack
- 5 Books to Read

MEMBER TO IDIOT
IMB7UBBER
GREASE-BALL
REE-TARD
FREAKLARDO
SHOW-OFF
FAGGOT
DWEEB
WUSS
FAIRY
FATTY
SPAZ

Welcome to our table of

C o n t e n t s

Check this out!

Interesting Interview on pages

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**NAME
CALLING**

Did you know that Famous
People Have Been Bullied Too?

Find out more on page

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RUMORS



INTIMIDATION

Written and illustrated
by Cassiel McEvoy

These sweet treats
are great to munch on with
hot chocolate! Eat your
way over to page

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Do you like word searches?

If so, the **Back Cover**
is the place for you to be!



5 books to read about **B**ullying

The Misfits
by James Howe

Blubber
by Judy Blume

My Name is Bilal
by Mobin-Uddin, Asma

Bridge to Terabithia
by Katherine Paterson

Stargirl
by Jerry Spinelli

An Interesting Interview

TTM interviews an elementary school guidance counselor about a new program for kindergartners called Zippy's Friends.

TTM: What is Zippy's Friends?

Frances Impallaria: "Zippy's Friends" is a character education program that improves the abilities of young children to cope with difficulties. Children learn coping skills that will help them feel better when they feel mad, sad, nervous or jealous. Zippy also helps children learn how to make friends, how to be a good friend and how to recognize "bullying" behaviors and what to do if they are bullied.

TTM: Why did the school decide to start using the program?

Frances Impallaria: We decided to start the program because we had heard about the social/emotional benefits of the program.

TTM: Do you think that this prevents bullying as the kids get older and move on to the middle and high schools?

Frances Impallaria: I think that this program does make young children aware of bullying behaviors. Once they are able to recognize them, it is easier for them to be proactive in preventing bullying. Zippy also helps children learn how to resolve conflicts with others, which is very helpful to them.

TTM: Why do people bully in general?

Frances Impallaria: Children bully for different reasons. The most common reason is to feel more powerful in being able to hurt others emotionally, verbally, or physically.

TTM: Can you give us a few tips about what to do if you are being bullied?

Frances Impallaria: Some ways to help yourself if you are being bullied would be to:

- TELL AN ADULT
- surround yourself with good friends if the "bully" is around
- in a loud voice, look the "bully" in the eye and say "STOP THAT! I DON'T LIKE IT WHEN YOU DO THAT TO ME!"
- tell your School Counselor

TTM: Thanks for chatting with us!

Frances Impallaria: Anytime! It was my pleasure!



Famous people have been bullied, too.

Miley Cyrus "The girls took it beyond normal bullying. These were big, tough girls, I was scrawny and short. They shoved me in [the bathroom]. I was trapped. I banged on the door until my fists hurt. Nobody came." ¹

Michael Phelps "Michael was bullied – he really stood his ground. He didn't hit back, he just kinda of took it in stride." -Michael's Mom ³

Taylor Swift "The kids at school thought it was weird that I liked country [music], they'd make fun of me." ¹

Zac Efron "[Bullying is] what built my character. When you get made fun of, when people point out your weaknesses, that's just another opportunity for you to rise above." ²

Demi Lovato "I never really understood why [I was being bullied] until looking back. I had a different lifestyle than everyone else." ¹

¹ www.people.com

² pbskids.org/itsmylife/celebs/index.html

³ www.mamapop.com



No Name Munchies

These sweet treats remind you not to judge something or someone by looks. They may not look that appetizing, but they sure are delicious.

Ingredients

- 9 cups Corn Chex®, Rice Chex®, Wheat Chex® or Chocolate Chex® cereal (or combination)
- 1 cup semisweet chocolate chips
- ½ cup peanut butter
- ¼ cup butter or margarine
- 1 teaspoon vanilla
- 1 ½ cups powdered sugar

Directions

1. Into large bowl, measure cereal; set aside.
2. In 1-quart microwavable bowl, microwave chocolate chips, peanut butter and butter uncovered on High 1 minute; stir. Microwave about 30 seconds longer or until mixture can be stirred smooth. Stir in vanilla. Pour mixture over cereal, stirring until evenly coated. Pour into 2-gallon resealable food-storage plastic bag.
3. Add powdered sugar. Seal bag; shake until well coated. Spread on waxed paper to cool. Store in airtight container in refrigerator.
4. Eat!!

Put An End To Bullying

D I S C R I M I N A T I O N S
P N W Y V S G T O R M E N T S
T B E F C N E F V Q X S W T E
J R D T I X P M C O K S I R I
W K O S A Q I S A Z O E Y W L
M L A U I E S N G N T N Y Q R
L E G L B J R T S R F D B J U
T D U D L L U H E E V A N U M
Y L L U B D E L T M C S S D O
C B F D C L I F A B U U U G R
R I P I V G T P L G I N R M S
P Q G N I L T T A T K I M E K
O X B O Z G O Z R I X R T N M
O Y N Q T C I O N C W V Z T N
Z W B S K X F D X C Z R N K Y

**BULLY
DISCRIMINATION
INSECURE
JUDGMENT**

**LIES
NAMES
RELIGION
RUMORS**

**SADNESS
TATTILING
TEASING
THREATEN**

**TORMENT
TROUBLE
UNKIND**